

# Εκπαίδευση

## **MSc in Advanced Computing Imperial College London, UK**

Awarded with Distinction

Thesis: Web server Benchmark for dynamic content

ESPRC Funding/scholarship

## **BEng in Computers and Networks University of Essex, UK**

(1st class honours - Final grade 80%)

**Institute of Electrical Engineers Prize** (top of the year 01-02)

**Compaq Customer services Prize** (top of the year 99-00)

**Woods Prize** (top of the year 98-99)

## **Anthony Robbins University 2006-to date**

Wealth Mastery London (London, March 2006)

Unleash the power within (London, June 2007)

Life Mastery (Fiji Islands, February 2008)

Date with Destiny (Orlando USA, December 2008)

Date with Destiny Leadership (Australia April 2009)

Leadership Academy (San Diego June 2009)

Wealth Mastery Leadership (Scotland September 2009)

## **Experts Academy with Brendon Burchard**

Online Training Program

4 day Live Event (San Francisco - March 2011)

## **Business & Leadership**

Καποδιστριακό Παν. E-Learning Psychology Management (09-10)

Maximum Impact (J. McLendon, K. Cunningham) (Paris April 2008)

Robert Kiyosaki ? Rich Dad 4-day Seminar (Arizona US April 08)

Business Mentoring Workshop with Keith Cunningham (Paris Nov 07)

LDL - Inspirational Leadership seminar (London, November 2006)

Buyology Symposium (Martin Lindstrom) (Athens, June 2009)

## **TV & Presenting**

TV Presenter course - [Positiv Productions](#) - Millbank studios (London Feb 2007)

Skillstudio Effective Presentation Workshop (London Nov 2006)

Skillstudio Effective Presentation 1-to-1 training (London Nov 2006)

LDL Effective Speaking and Presentation Skills (London Jan 2007)

Εργαστήρι Συγγραφικής Τέχνης Μαρίας Γούσιου (Αθήνα Φεβ 2010)

## **Το Θέατρο των Αλλαγών** (Αθήνα 2004-2005)

Σκηνοθεσία (Αρης Μπαφαλούκας)

Υποκριτική στην κάμερα (Αλίκη Δανέζη)

Υποκριτική (Ευδόκιμος Τσολακίδης)

Αγωγή του λόγου (Κωστας Σφυρκίδης)

Τραγούδι 1 & 2 (Βασίλης Κονταξής)  
Ορθοφωνία (Ανδρέας Ρηγόπουλος)  
Χορός (Γεωργία Καραμέρου)  
Υποκριτική για Musical (Εβελίνα Παπούλια)

### **Μουσική**

Music Production course (London 2003)  
Μουσική Θεωρία ? Ωδείο Φίλιππος Νάκας (2005-06)  
Τραγούδι - Ιδιαίτερα μαθήματα με τον Κώστα Θωμαΐδη (2005-06)

### **Διατροφολογία**

SNHS Higher International Diploma in Nutrition (April 2010)  
SNHS Diploma in Nutrition (September 2008)  
SNHS Diploma in Sports Nutrition (October 2008)  
SNHS Diploma in Advanced Nutrition (January 2010)  
SNHS Diploma in Diabetes Risk Assessment (April 2010)  
SNHS = School of Natural Health Sciences (UK) I.C.H.M. Accredited

### **Μαγειρική**

IEK Δέλτα Μαγειρική - ένα εξαμήνο (Θεσσαλονίκη 2006-07)  
Σχολή μαγειρικής Μάγειστρος (Αθήνα 2005-06)

### **Alisa Cohen Living on Live Food**

Chef Certification  
Chef Instructor Certification  
Chef Teacher Certification

### **Life Sciences - Psychology**

Diploma in Life Coaching (October 2009)  
Diploma in (NLP) Neurolinguistic Programming (October 2009)  
Diploma in Child Psychology (Feb 2010)  
Diploma in Stress Management (April 2010)  
Diploma in Advanced Life Coaching (May 2010)  
Diploma in Cognitive Behavioural Therapy (in progress)  
SNHS = School of Natural Health Sciences (UK) I.C.H.M. Accredited

### **Παιδαγωγικά**

Εθνικό Καποδιστριακό Πανεπιστήμιο Αθηνών - E-Learning  
Εκπαιδευτική Ψυχολογία (2010)  
Σχεδιασμός προγραμμάτων Αγωγής Υγείας (2010)

### **Home Study courses**

Speed Reading Course (Howard Berg)  
Mind Mapping Course (Tony Buzan)  
Memory Training (Tony Buzan)  
Mega Learning (Donna Cercone)  
Sales and Marketing (Jeffrey Gitomer, Brian Tracy)

Leadership (Steven Covey, John Maxwell)

Action Strategies (Brian Tracy)

Simpleology 101 (Mark Joyner)

### **Ξένες γλώσσες**

Αγγλικά (Fluent), Γαλλικά (Intermediate), Ιταλικά (Basic)

[Εδώ μπορείτε να δείτε τα περισσότερα από τα πιστοποιητικά](#)